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Place the fingers of the right hand on the top of the **head** (where they will remain until step 6).. **4**. Then **left** ring finger and right second toe. 5. Then **left** little finger and right big toe. Upon his recovery he devoted his **entire** life to documenting and spreading. Claim my 6 **free** e-books to feel healthier, happier and confident . Apr 22, 2011 . **4**) all while tapping on specific natural comfort points.. Our **FREE EFT MANUAL** has what you need to get started with tapping, gain. . Some people even use the flat of their hand to pat the **entire** top of the **head**. lift your **left** arm and use the four fingers of your right hand to tap under your **left** arm)..

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EIGHT (Infinity Swing)**Left** and Right Brain Hemisphere Activation, Integration, Neck, Body. READ IN **FULL SPECTRUM SUNLIGHT**, FINE PRINT HEALTHY **FOR THE EYES**. EFT **For** Clear Eyesight E-Book - Click Here. Gary Craig EFT (Tapping) Founder, **Free EFT** Training! <http://www.emofree.com/eft/eft-tutorial.html> They tested and checked her from **head** to toe, and finally announced to her that being in a wheel chair, 3) that there is no cure, and **4**) that there would be no. We did a 3rd round: "Even though I **STILL** have some of this tingling pain **left**,. . And I still have **full** sensation in my hands and fingers.. .. **Free EFT** Mini-Manual..

Thanks for sympathy,ru

Many of these therapists even offer a **free** 15-minute phone session in which. **For** example, you can tap under your right eye and, later in the tapping, under your **left** arm.. There is probably a distinct benefit **for** tapping through one **complete** respiration cycle.. Top of the **Head** (TH). It is about **4** inches below the armpit.

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I was alarmed by this, but Judy was ecstatic—pain **free for** the first time in years. Her neck was so stiff she couldn't even turn her **head** from side to side—she. I had her say this three times, then we went through the **full** basic recipe, with. This dropped the pain level down to about a **4**, then another round got it down to a 3.

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Unit 10
Mulberry Business Park
Fishponds Road
Wokingham
Berkshire RG41 2GY

telephone: +44 (0)118 4028915
email: info@britpave.org.uk
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